

Hi everyone! This is the AskAnnie Podcast horse girl reviews on products you use!

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As equestrians, we know how important good nutrition can be. Even after being around horses my entire life, going to school, and being surrounded by equine professionals, I still sometimes second guess myself and am unsure of the choices I have when trying to provide Maddie with the best supplements. I was really excited when we decided to review SmartPaks because I knew I was about to gain a wealth of knowledge and Maddie was going to get fed supplements that were right for our situation.

For those of you that might not know, a SmartPak is a pre-packaged, pre-measured, container of supplements, all ready to open and give to your horse daily. The process began with a fantastic phone call from Danielle, a supplement expert at SmartPak. From the get-go Danielle was kind, pleasant and incredibly knowledgeable on all things supplements. She began by asking Maddie's and my routine; how often we rode, what our training sessions consisted of, our competition schedule, what type of area Maddie lived in etcetra. She also asked Maddie's age and body condition score. This was the point in the conversation when I knew Maddie was going to be receiving the correct supplements to help her specific needs. In this conversation, Danielle and I talked a great deal about Body Condition Score, and I explained that because Maddie is part draft breed, she is much more likely to get fat deposits in her neck than anywhere else. Danielle was all ears and offered to send me information on neck fat deposits and body scoring, completely separate from the supplements! This extra gesture to help me better understand my horse's health was so appreciated and upon the end of our phone call there was an email in my inbox with the information we had just discussed.

Getting back to formulating Maddie's SmartPak, Danielle explained that much like woman at a certain age, as mare's mature they need extra support in their pituitary function. Maddie turned 19 this year, and while she still acts rambunctious as ever, her aging body does need to be supported. Because of this, we decided that Maddie would receive SmartPituitary Senior® Pellets, SmartStride™ Senior Pellets. The SmartPituitary Senior pellets, Danielle explained, help in maintaining the normal function of the pituitary gland, provide balanced omega fatty acids and help improve muscle mass and a healthy coat. The SmartStride Senior, has components found in traditional senior supplements, but all has turmeric, collagen and yucca, all to aid in inflammatory responses and help maintain joint health. Initially, this sounded like a heavy dose of supplements, and I wasn't sure Maddie would need both. Danielle reassured me and broke down the ingredients of each, explaining that there was very little overlap between these two supplements. Another question I had, was if I needed to mix in grain with the supplements, to help it be more enticing to Maddie's palate. Danielle explained that while there is no sugar added to these supplements, SmartPak does add fenugreek, an herb that helps with palatability and it picky eater approved.

Once we had decided on the specifics of Maddie's SmartPak, Danielle explained that her SmartPaks would ship every month, with a month's worth of supplements in each shipment. They would also ship in plastic storage container, complete with Maddie's name and a pullout drawer for easy access and safe keeping.

While I waited the few days it took to receive Maddie's first set of SmartPaks I received multiple emails from SmartPak, keeping me informed on my order's status and how the SmartPak subscription worked. It was so reassuring to be able to track when the shipment would arrive and be more informed on the benefits of this service. The SmartPaks arrived just as Danielle explained they would and over the next three months I proceeded to give them to Maddie, and her supplements were replenished automatically every month, each time along with a helpful email asking if I needed any changes made to her formula and that they were on their way.

Maddie isn't a picky eater, but she's also not exceptionally food motivated. She quickly realized however, just how tasty her SmartPaks were and even started walking towards me in the pasture whenever she saw me coming with her grain bucket. She ate every last bite of her supplements, always licking the bowl afterwards. Danielle explained in our initial phone call that it would take about 3 months to notice significant changes in Maddie. Over the summer, I noticed Maddie's coat looked especially healthy, and her fat deposits seemed more evenly distributed throughout her body, instead of being mainly focused on her neck. I also noticed, that even when we would take a few days off, she would consistently come work with a pep in her step and eager to work.

Overall, this process was a breeze and a lot easier than I initially expected. SmartPak provided knowledgeable and friendly customer service that allowed me to feel confident in what I was giving Maddie. The SmartPaks themselves were so easy to issue each day and carefully labeled with who they were for and what they contained, so there was never any confusion. I really appreciated the entire process and Maddie definitely enjoyed the tasty supplements.

For more information on SmartPaks please visit smartpakequine.com, that's ->smartpakequine.com<- for more information.

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